



# Gymnasium Schedule

## March 1 – March 31st

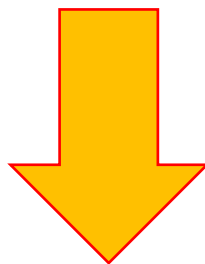
Updated 2/13/20

### West Gymnasium (Left Court)

Hours are subject to change based on internal program needs

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Intermediate Pickleball Instruction</b> 7:00am-9:00am	<b>Leveled Pickleball</b> 7:00am-8:30am	<b>Intermediate &amp; Advanced Open Pickleball</b> 7:00am-10:00am	<b>Leveled Pickleball</b> 7:00am-8:30am	<b>Intermediate &amp; Advanced Open Pickleball</b> 7:00am-10:00am	<b>Youth Sports Programs</b> 8:30am-11:45am	<b>Pick Up Basketball HS+</b> 7:00am-9:30am
<b>Beginner Pickleball Instruction</b> 9:00am-11:00am	<b>Open Pickleball</b> 8:30am-10:00am		<b>Open Pickleball</b> 8:30am-10:00am			
<b>Open Gym</b> 11:00am-2:30pm	<b>Open Gym</b> 10:00am-2:30pm	<b>Open Gym</b> 10:00am-2:30pm	<b>Open Gym</b> 10:00am-2:30pm	<b>Open Gym</b> 12:00pm-6:00pm		<b>Open Gym</b> 9:30am-3:00pm
<b>Middle School/Teen Open Gym</b> 2:30pm-4:30pm	<b>Middle School/Teen Open Gym</b> 2:30pm-4:30pm	<b>Middle School/Teen Open Gym</b> 2:30pm-4:30pm	<b>Middle School/Teen Open Gym</b> 2:30pm-4:30pm			
<b>Self Defense</b> 4:30pm-6:30pm	<b>Open Gym</b> 4:30pm-5:30pm	<b>Open Gym</b> 4:30pm-6:30pm	<b>Open Gym</b> 4:30PM – 5:45pm	<b>Pick Up Basketball HS+</b> 4:30pm-9:30pm		
			<b>Youth Basketball Clinic</b> 6:00pm-7:00pm			
<b>Pick Up Basketball HS+</b> 7:00pm-9:30pm	<b>Basketball League</b> 6:00pm-9:00pm	<b>Open Volleyball</b> 6:45pm-9:15pm	<b>Open Volleyball</b> 7:30PM – 9:15PM		<b>Men's Basketball</b> 3:00pm – 5:00pm	

**Continue Below**



## East Gymnasium (Right Court)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<b>Open Pickleball</b> 7:00am-10:00am	<b>Leveled Pickleball</b> 7:00am – 8:30am	<b>Intermediate &amp; Advanced Open Pickleball</b> 7:00am-10:00am	<b>Leveled Pickleball</b> 7:00am-8:30am	<b>Intermediate &amp; Advanced Open Pickleball</b> 7:00am-10:00am	<b>Active Kids</b> 7:45am-11:30am	<b>Pickup Basketball HS+</b> 7:00am – 9:30am	
	<b>Open Pickleball</b> 8:30am-10:00am		<b>Open Pickleball</b> 8:30am-10:00am		<b>Family Open Gym</b> 11:30am-12:30pm		
<b>Toddler Stay N Play</b> 10:00am-10:45	<b>ADA Pickleball</b> 10:00-11:30am	<b>Toddler Stay N Play</b> 10:00am-11:00am	<b>Open Gym</b> 10:00am-12:00pm	<b>Open Gym</b> 10:15am-11:00am	<b>Open Gym or Birthday Parties</b> 1:00pm – 3:00pm	<b>Open Gym or Birthday Parties</b> 10:00am–3:00pm	
<b>Caregiver &amp; Tot Yoga</b> <i>*Every 3<sup>rd</sup> Monday</i> 10:45am-11:15am	<b>Lunch Time Pickup BBall</b> 11:30- am 12:50pm	<b>Lunch Time Pickup BBall</b> 11:00am-12:50pm	<b>Lunch Time Pickup BBall</b> 12:00pm-12:50pm	<b>Lunch Time Pickup BBall</b> 11:00am-12:50pm		<b>Open Gym or Birthday Parties</b> 1:00pm – 3:00pm	<b>Men's Basketball Group</b> 3:00pm – 5:00pm
<b>GBCS</b> 12:50pm-1:50pm	<b>GBCS</b> 12:50pm-1:50pm	<b>GBCS</b> 12:50pm-1:50pm	<b>GBCS</b> 12:50pm-1:50pm	<b>Open Gym</b> 1:00-3:00pm			
<b>Open Gym</b> 2:00-3:00pm	<b>Open Gym</b> 2:00-3:00pm	<b>Open Gym</b> 2:00-3:00pm	<b>Open Gym</b> 2:00-3:00pm				
<b>School Age</b> 3:00pm-4:00pm	<b>School Age</b> 3:00pm-4:00pm	<b>School Age</b> 3:00pm-4:00pm	<b>School Age</b> 3:00pm-4:00pm	<b>School Age</b> 3:00pm-4:00pm			
<b>Active Kids</b> 4:00pm–7:00pm	<b>Active Kids</b> 4:00pm–7:00pm	<b>Active Kids</b> 4:00pm–7:00pm	<b>Active Kids</b> 4:00pm–7:00pm	<b>Open Gym</b> 4:00pm-9:30pm	<b>Open Gym</b> 3:00pm-6:00pm		
<b>Pick Up Basketball HS+</b> 7:00pm-9:30pm	<b>Basketball League</b> 6:00pm-9:00pm (ends 3/4)	<b>Open Pickleball</b> 7:00pm-9:30pm	<b>Open Gym</b> 7:00pm-9:30pm	<b>2<sup>nd</sup> Friday: Middle School Madness</b> 6:30-9pm  <b>3<sup>rd</sup> Friday: Parents Night Out</b> 6pm-9pm			

### Gymnasium Guidelines

- YMCA activities/programs have priority. Please be mindful of court schedule and postings. All activities/programs are reserved only for class participants. Open usage or loitering is not available in the area reserved for the class, no matter the class size.
- Regular Open gym times are meant to be a shared space. Please respect age-specific Open Gym times. Do not take up the entire court when others want to play. Please ask Welcome Center for assistance regarding shared space during open gym times if necessary.
- Please do not engage in fighting, horse play, yelling or profanity.
- Food is not allowed in the gym at any time.
- For safety reasons, Closed-toed/Athletic shoes are the only footwear permitted in the gymnasium.
- Shirts must be worn at all times.
- Please do not dunk or hang on rims.
- Return equipment to proper location after usage.
- During winter months we hold a strict two-shoe policy. Please house your outdoor shoes in the locker room.
- Youth ages 9 and under are not permitted in the gymnasium unless accompanied with an adult or participating in an instructor led program.