



CHILD WATCH PARENT INFORMATION EXETER AREA YMCA



In Child Watch, children ages 6 months to 6 years play under the supervision of caring, trained Y staff. At the same time, their parents have the opportunity to relax, connect with other Y members, and enjoy healthy activities at the Y. Members must remain in the building while children are in Child Watch.

RATES

Child Watch is included as a benefit for those with Family Memberships only. To expand your membership, please speak with the Welcome Center staff.

HOURS

Monday – Friday: 8:00 AM – 11:00 AM (four 45-minute blocks)

Monday – Thursday: 4:00 PM – 7:00 PM (four 45-minute blocks)

Families should arrive 5-10 minutes before their scheduled time to allow for a smooth drop-off process. Prompt pick up is required to allow staff to sanitize the space prior to the next group. Late pickups may incur a fee.

Reservations are made on the MindBody app, just like your class, gym, or room and uses your same login information. In essence, you are “double-booking” yourself for both Child Watch and your class or room. Cancellations should be made at least 8 hours in advance so others can reserve the slots. For reservation help, please speak with the Welcome Center staff.

Due to social distancing requirements, only 10 children are allowed in the Child Watch each 45-minute block. Child Watch can be used a maximum of 90 minutes to allow more families to participate.

ACTIVITIES

Daily activities might include crafts, open play, songs and music and various enrichment activities. We celebrate birthdays so your child will receive a special shout-out on our birthday wall, pick a present from our birthday box, and get a birthday crown.

STAFF

We provide a nurturing and developmentally appropriate environment for your child. Safety is our first priority. There are a minimum of two staff at all times. We strive to maintain low staff to child ratios. All staff have passed background checks and are CPR and First Aid certified.

PARENT RESPONSIBILITIES

- Parents must remain in the building at all times while their child is in the Child Watch room and have their cell phone available in case of emergency.
- Children must be signed in by a parent, guardian or an adult (18+). Parents must list the child's name, age, allergies and the parent's approximate pick-up time and their location in the building.
- Child Watch staff are unable to assist with diapering or using the toilet. Parents must ensure that any child who requires such assistance is helped before leaving them in Child Watch. Should a child have an accident or need changing, the parent in the building will be called.

KEEPING KIDS HEALTHY

For the health of children and staff, please do not bring your child to Child Watch if they are sick or displaying any sign of illness including fever, vomiting or diarrhea within the last 24 hours, unusual spots or rashes, and other infectious illnesses. Child should be symptom free for 24 hours to attend.

Masks are currently required for all children while in attendance. In addition, all children are required to sanitize their hands and wear socks and/or shoes during their time in Child Watch.

In the event that a child becomes ill during a visit at the YMCA, we will contact you immediately.

BEHAVIOR GUIDELINES

- We understand that children need time to acclimate to our program. For those times we cannot console any child after 10 minutes, we will contact you.
- Child Watch uses positive guidance methods including reminders, distractions, logical consequences and redirection to encourage appropriate behavior. Depending on the severity of the behavior, the YMCA reserves the right to utilize these methods in any order.
- If a behavior continues, an incident report is completed, and parent/adult will receive a copy.

TOYS AND PERSONAL BELONGINGS

We have a variety of toys, books, and other activities for your children during their visit with us. Please do not bring toys from home.

FOOD AND SNACKS

Food and snacks are not allowed in the Child Watch room to reduce concerns with allergies and to limit unmasked time. Water bottles and sippy cups, labeled with the child's name, are permitted.