

FUNDRAISER EVENT SEPTEMBER 26



SOUTHERN
DISTRICT YMCA



Beth Israel Lahey Health 
Exeter Hospital



Join us for a high-energy, community-driven ride to support evidence-based health programs like LIVESTRONG, DIABETES PREVENTION & PARKINSON'S PROGRAMMING!

Form a Team & Ride with a Purpose!
Each team member sets a fundraising goal and gets sponsors to donate to their team.

Meet—or beat—your fundraising goal!
Participation is FREE for all team riders, but fundraising is required. Just want to ride? You can still help! Join us for the ride by reserving a spot with a donation to the Y.

How You Can Help

- Form a team 
- Join a team or 
- Reserve a bike 

Scan to
Register



Scan to
Donate

Reserve a bike in Daxko and donate for a good cause: Suggested donation: \$35



September 26th, 2026

CLASS	TIME	INSTRUCTOR
Sprint and Intervals	8:00 AM to 8:30 AM	Lauren
Sprint	8:45 AM to 9:15 AM	Mariah
Themed Ride	9:30 AM to 10:00 AM	Jodi
Torque	10:15 AM to 10:45 AM	Christy
Power Cycle	11:00 AM to 11:45 AM	Gary

Donations to the Annual Fund help provide access to the Y to these programs for people in your community. Give a helping hand!