



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SOUTHERN DISTRICT YMCA TOGETHER WE THRIVE

2024 ANNUAL REPORT



# IMPACT AT A GLANCE

YOUR SUPPORT MAKES A SIGNIFICANT IMPACT



**1700** KIDS SERVED  
AT CAMP



KIDS SERVED IN  
BEFORE AND AFTER  
SCHOOL PROGRAMS **350**



**6200** MEMBERS  
ON THEIR JOURNEY TO  
BETTER HEALTH



**526**  
AVERAGE MEMBER VISITS PER  
DAY AT THE EXETER Y



**1200**  
KIDS TAUGHT  
TO SWIM



CAMP LINCOLN SERVES  
OVER **80**  
TOWNS IN NEW ENGLAND



SERVED OVER  
TEEN MEMBERS **1000**



**75** YOUTH PER DAY ENGAGING  
IN HEALTHY ACTIVITIES AT THE Y



**\$10,000**  
IN SNACKS DISTRIBUTED  
IN TEEN FRIDGE PROGRAM



**200+**  
FAMILIES RECEIVED  
HELP ACCESSING Y  
PROGRAMS



**\$204,000**  
RAISED FROM THE  
COMMUNITY, PARTNERS  
& MAJOR DONORS

FOR A BETTER US.®







**Reid VanKeulen**



## LETTER FROM LEADERSHIP

Dear Valued YMCA Supporter,

**Growth, Flexibility, and Resilience.**

These three words define the incredible year we have had and the impact we have made in our community.

In 2024, we strengthened our philanthropic culture both internally and externally, as more people recognized the Y as a vital community connector and charitable organization. Our Exeter Y membership surged past historical levels, and thanks to our generous supporters, we raised over \$200,000 to provide financial assistance to those in need. We had an incredible summer camp season, ensuring youth enjoyed screen-free time in the outdoors. We served over 350 students daily in a safe and engaging our school-age childcare program—helping parents work with peace of mind.

We demonstrated resilience in the face of challenges. From leadership transitions to unexpected setbacks—such as the accidental damage and renovation of our gym floor—we met adversity head-on. Despite these hurdles, we ended the year stronger than ever, with renewed energy, increased community support, and a growing membership.

As we continue to grow, our commitment to our mission remains unwavering. The Y continues to be a place of connection, support, and growth for all. Looking ahead, we are filled with excitement and determination to build on the strong foundation we've established.

This annual report serves as a checkpoint—a reflection of the progress we have made together. Thank you for your support. We look forward to another year of growth, impact, and community building.

With gratitude,

**Reid Van Keulen**

**Director of Operations / Interim CEO**



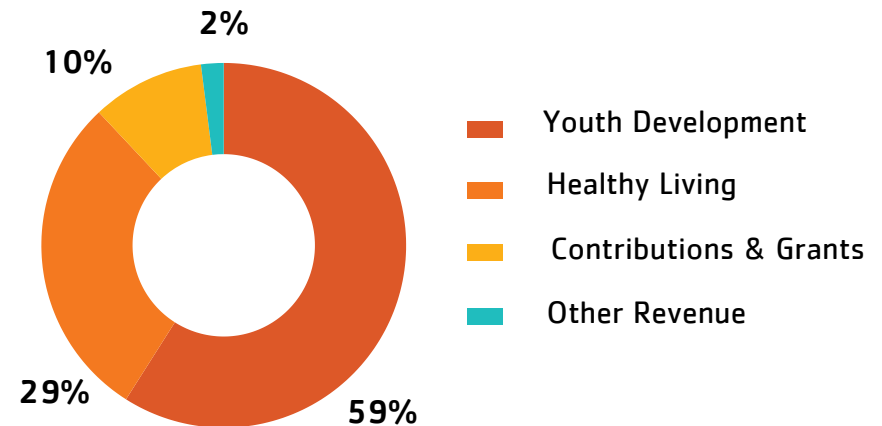


# FINANCIALS AT A GLANCE

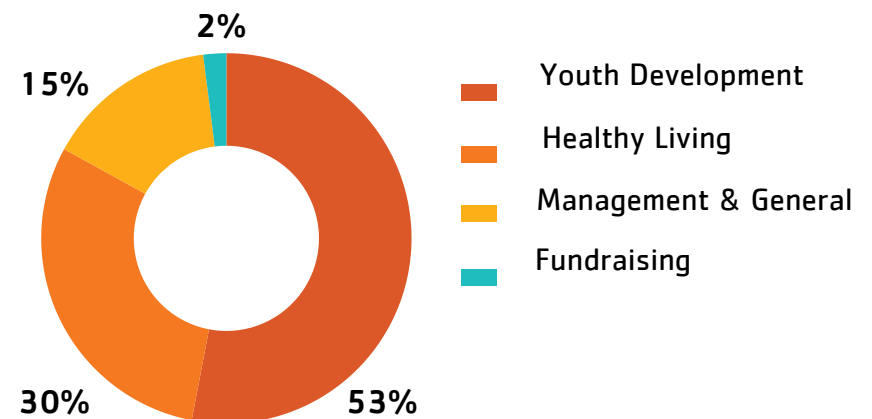
## SOUTHERN DISTRICT YMCA BALANCE SHEET\* DECEMBER 31, 2024

ASSETS	
Cash & Short Term Investments	2,453,000
Accounts Receivable	45,000
Prepaid Expenses	57,000
Fixed Assets	6,221,000
Endowment (Arthur Connor Trust)	119,000
<b>Total Assets</b>	<b>8,895,000</b>
LIABILITIES	
Accounts Payable	343,000
Accrued Expenses	139,000
Deferred Revenue	179,000
Bonds and Leases Payable	1,238,000
<b>Total Liabilities</b>	<b>1,899,000</b>
<b>Total Net Assets without Donor Restrictions</b>	<b>6,472,000</b>
<b>Total Net Assets with Donor Restrictions</b>	<b>104,000</b>
<b>Total Net Assets</b>	<b>6,576,000</b>
<b>2024 Surplus (For Capital Investment)</b>	<b>420,000</b>
<b>Total Liabilities and Net Assets</b>	<b>8,895,000</b>

## SDYMCA REVENUE\* JANUARY - DECEMBER 2023 Total Revenue: \$5,579,000



## SDYMCA EXPENSES JANUARY - DECEMBER 2024 Total Expenses: \$5,159,000



\*Pre-Audit





# OUR MISSION



At the YMCA, we are committed to strengthening our community through Youth Development, Healthy Living, and Social Responsibility. Guided by our core values of respect, responsibility, honesty, and caring, we provide high-quality programs and services that empower individuals and families.

We believe the Y should be accessible to everyone, which is why we offer financial assistance to help individuals and families participate in our programs. Last year alone, we provided over \$200,000 in assistance, helping more than 200 families. This marks the second consecutive year we've been able to offer this level of support—an accomplishment made possible by our incredible community and generous donors.

Together, we continue to build a stronger, healthier, and more inclusive community for all.



“ Thank you for offering the opportunity for our children to attend this camp for parents who typically cannot afford to send them to Camp Lincoln. It's a tremendous opportunity for these children to maintain structure, learn new skills and develop social interactions with their peers. Thank you from a parent who has taken part in this program the last 2 years and hope you will continue to sponsor more children in the future. ”

– Camper Parent

“ I love working at camp because I can always be myself and know I will never be judged by anyone. When I am here, I am someone's role model just by being myself. That is special to me and I don't feel that way anywhere else. ”

–Izzy Wilkin, Camp Lincoln taff



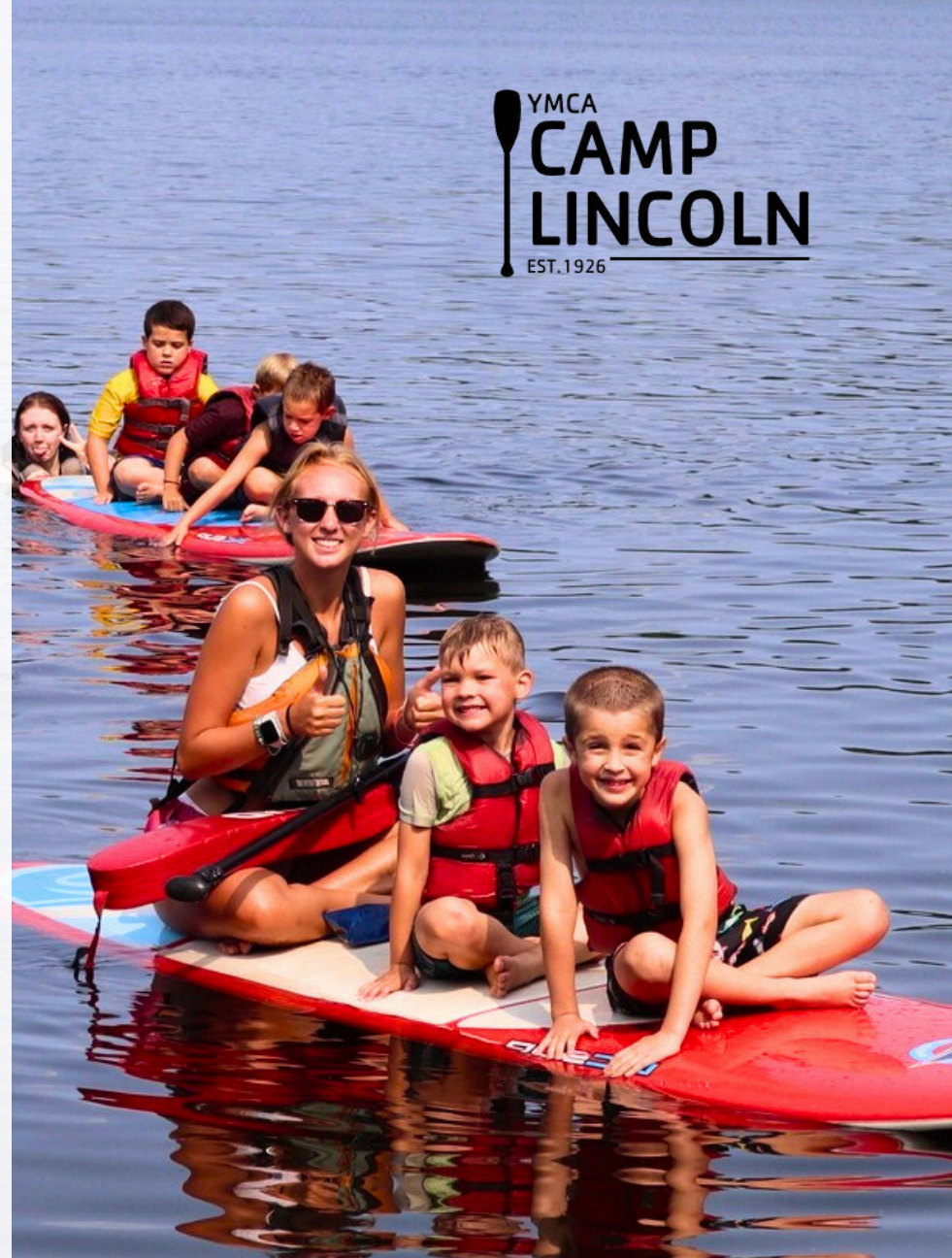
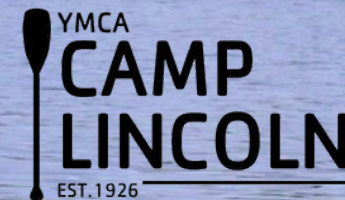


## YOUTH DEVELOPMENT

This camp season, we proudly served 1,700 children, creating unforgettable experiences that foster growth, friendship, and resilience. Camp Lincoln welcomed campers from across New England, representing 80 towns, and we successfully transported 450 children daily on 11 buses—matching our busiest season yet!

Each year, we employ 120 dedicated staff members, boasting an impressive 80% retention rate. Our commitment to staff development is unwavering. This season, we provided vital training in mental health first aid, helping to ensure that our team was well-equipped to support both campers and fellow staff. Additionally, we offered essential certifications in water safety, child abuse awareness, and lifeguarding—empowering our team with critical life skills. Each spring and fall, camp serves as a popular destination for annual school trips. Students participated in team-bonding activities, supported each other on the ropes courses, and learned ecology paddling on the lake. We hosted 2,270 students ranging in age from elementary to university.

The impact of camp is undeniable. Through leadership development for counselors and Counselors-in-Training (CITs), screen-free engagement, and confidence-building team activities, we create a nurturing and safe environment where children thrive. Last year alone, we provided \$100,000 in financial assistance at camp, making the experience accessible to more families. With each passing year, our financial assistance program continues to grow—because every child deserves the magic of camp.



“ The generosity of the scholarship brought us to tears as we were able to fulfill our daughter’s wish of attending camp this year! We thank you as a family and hope you can continue the program so that kids can continue being able to reap the wonderful rewards mentally, emotionally and socially. Thank you again! ”

– Camper Parent





# YOUTH DEVELOPMENT

Our School Age Childcare program (SACC), provides a safe, supportive environment where children are nurtured by caring adults before and after school. This essential program gives parents peace of mind, knowing their kids are engaged in meaningful activities while they're at work. Through homework help, hands-on arts and crafts, and STEM learning, we make education fun!.

Last year, we proudly served approximately 350 students across eight sites, supporting twelve elementary schools. We enhanced the overall experience by delivering higher-quality, enriched programming. We also welcomed 35 dedicated out-of-school professional educators to our team, strengthening our impact.

We operated the Little River summer day camp at our Exeter-area facility, offering children unforgettable experiences, including field trips to the Seacoast Science Center. We are grateful for the opportunity to support so many children and families and look forward to another year of learning, growth, and fun!

## SCHOOLS SERVED BY SACC

- Newton Memorial School
- DJ Bakie Elementary
- Stratham Memorial School
- Hampstead Elementary
- Hampstead Middle School
- Lincoln Street Elementary
- Hampton Elementary
- Kensington Elementary
- Swasey Elementary
- Danville Elementary
- Centre Street
- Main Street Elementary

# LEARN. GROW. THRIVE.



“

We get to help them work through challenges they faced during the day, and that's really cool. Kids will come to you with something that happened at school—something their parents haven't even heard about yet—and they want you to help them. That's a great opportunity. ”

—Foley Eaton, SACC/Camp Staff

“

My children have been in this program for years, they are great people and they are like family. This is our last year as my youngest will be in middle school next year, we will miss them all. ”

—SACC Parent







## YOUTH DEVELOPMENT



Our Youth population continues to grow at the Exeter facility, with teens specifically accounting for 15% of membership. The Youth Snack Station initiative in its second year served over \$10,000 in healthy snacks to teens in the building. This was possible with support from the Exeter Area Kiwanis Club and Exeter Area Lions Club, grants and private donors.



Our Youth Program Coordinator has bolstered our youth programming offerings and hired additional staff to connect with participants. Youth programs included volleyball, basketball, and youth pickleball. We have continued to see these programs grow and look forward to more in the coming years. It has been great to see more of a balance of girls and boys back at the facility, a sign that the programming is connecting with a wider teen audience.



“

It doesn't matter what age you are, the Y has a program for you! They have awesome program leaders .”

—SDYMCA Member

“

Membership at the Y is much more than just working out each day. It's a large community of like-minded humans who love and support each other, and a source of programs and social opportunities that make one feel fortunate to be a part of. I would want my friends and family to experience the wonderful things that the Y has to offer, just as I do. ”

Connie Carson, SDYMCA member







## HEALTHY LIVING

The Exeter facility saw remarkable growth in 2024, with membership increasing by 11.3% and overall facility usage rising by 13.9%. Our programs continued to foster strong connections with members, reinforcing our commitment to health, wellness, and community engagement.

To enhance our members' experience, we made significant quality improvements to our building and equipment throughout the year. We upgraded our fitness offerings with new ellipticals and 23 state-of-the-art Keiser spin bikes. Additionally, after an unfortunate accident, we took the opportunity to completely replace our gymnasium floor, stripping it down to the concrete and installing a brand-new improved surface. While the gym was closed for four months during the repairs, our members' enthusiasm never wavered, and by year's end, membership had rebounded, surpassing 6,000 members.

Beyond physical fitness, we focused on promoting overall wellness, reducing health risks, and supporting members in reclaiming their health through Evidence-Based Health Care Initiatives (EBHI). Our 12-week Livestrong Cancer Survivorship Program continued to make a profound impact, helping participants rebuild strength and confidence after cancer diagnosis and treatment. In an exciting expansion of our health programs, we launched our first Diabetes Prevention Program, a year-long initiative that empowers participants with the knowledge and tools to make healthier lifestyle choices. The inaugural cohort saw measurable improvements in their A1C levels, along with significant weight loss—real, life-changing results.

To further our commitment to holistic well-being, we welcomed a Director of Wellness to our team. Her leadership has been instrumental in expanding our focus on member wellness, mindfulness, and mental health. Under her guidance, we introduced mental health training, benefiting members and staff across all our operations.

We are incredibly proud of the progress we've made in strengthening our community's health and wellness. With continued dedication and innovation, we look forward to another year of growth, impact, and positive change



## STRENGTHENING HEALTH AND WELLNESS ON OUR COMMUNITY





## SOCIAL RESPONSIBILITY

At the Y, we believe that everyone deserves access to programs and services, regardless of financial circumstances. This year, we proudly provided over \$200,000 in financial assistance, ensuring that our most vulnerable neighbors could benefit from everything the Y has to offer. Thanks to this support, we assisted more than 200 families, matching last year's impact. Children had the opportunity to experience the joy of summer camp, participate in out-of-school programs, and embrace healthy living through our Y scholarship program.

Our commitment to community well-being extends beyond our walls. In our ongoing effort to combat food insecurity, we actively support local food banks, including Saint Vincent de Paul, through food drives, membership initiatives, and partner collaborations—helping to ensure no one in our community goes hungry.

Keeping children safe is at the heart of our mission. As a youth-serving organization, the Y is deeply committed to child abuse prevention. Through Praesidium Inc., we provide essential abuse prevention training to our staff, board members, volunteers, and community partners—empowering everyone to play a role in protecting our children. Additionally, with grant funding from YouthWell New Hampshire, we expanded access to mental health training, equipping our Camp, School Age Childcare, and Membership staff with the skills needed to support emotional well-being.



“Today, I am proud to support and be part of the caring community the SDYMCA comprises: a thriving multigenerational wellness facility; afterschool programs that span multiple communities; community programs that promote health, wellness, and youth development; and of course, the camp.”

Carole Matthews, Board Member







## SOCIAL RESPONSIBILITY

The Y also plays a vital role in shaping future leaders. Through the statewide YMCA Youth & Government program, high school students engage in hands-on civic education, conducting mock legislative sessions in the New Hampshire State House chambers. These young leaders elect a student governor, debate policies, and pass mock legislation, demonstrating passion, confidence, and the ability to shape a brighter future.

In 2024 we began our work to help steward the land and surrounding watershed at Kingston Pond. Working with the Town of Kingston, we received a Federal grant to implement a watershed plan to help chart the potential corrective actions to improve the condition and health of the lake. Further to this, we kickstarted efforts to prevent erosion at the lake on the shores at camp and nearby walking trails with another Federal EPA grant through Senator Shaheen's support. Work continues this year on applying preventative erosion mulch and plantings and landscaping to prevent runoff into the lake. It is our hope that we continue to preserve the lake for future generations to enjoy.

We also worked on restoring the heart of camp by starting work on the amphitheater renovation. We are working on updating the seating and accessibility, improving drainage while preserving the natural surroundings. With support from the Exeter Area New Car Dealers and The Brook, this renovation is possible. The project will be completed by camp opening in summer 2025.



“

It was our son's first summer camp experience and it exceeded our expectation. He loved it! It pushed him out of his comfort zone while also being a place where he felt welcomed and safe.

”

-Camper Parent



“ I joined in March 2024 as I've just moved to NH from out of state. When searching for a new gym home, I looked for a robust group fit schedule, clean shower facilities and geographic location within 20 minutes of my home. The Exeter YMCA fit all those criteria and I have been more than pleased with becoming a member! In fact, the added bonus of the Wednesday hiking group and the special health classes/lectures have been wonderful. I especially enjoyed the lectures on active aging and disease prevention ”

-SDYMCA Member



# PARTNERSHIPS

Our 2024 achievements would not have been possible without partners that have helped us along the way. While their financial support is critical, it is their time, service, and desire to help us further our mission and impact in the community. We thank our partners for all their support in 2024.



Access Sports Medicine

Alarmex

Atkinson Women's Civic Club

Bank of New Hampshire

BankProv.

Bodywise Physical Therapy

The Brook

The Community Fridge

Connor's Climb

Core Physicians

The Derry Fund

Eastern Bank Foundation

Easter Seals

Exeter Area GFWC

Exeter Area New Car Dealers

Exeter Hospital

Exeter Area Chamber of Commerce

Exeter Area Rotary Club

Farmstead of New England

Hannaford Supermarkets

The Key Collective

Kingston Lake Association

Kingston Lions

Kiwanis of Exeter

Kona Ice

Lexies Operation Management Inc.

Local SAU Administrations

Meredith Village Savings Bank

NAMI of NH

NH Department of Education

Northeast Passage

Premier Family Dentistry

Saint Vincent De Paul

Seacoast Family Promise

Seacoast Mental Health

Walmart

Work Opportunities Unlimited

YouthWell New Hampshire

## YOU MAKE US STRONGER!







In 2024

**\$204K**

Raised for the Annual Fund

**We Truly  
Appreciate Your  
Help!**



Southern District YMCA  
has received the highest  
possible 4-star rating  
from Charity Navigator

**Thank You For  
Trusting Us!**

## 2024 DONORS

At the Y, strengthening communities is our cause. Every step we make is to better serve the children, families, and adults in Exeter. As a leading nonprofit for healthy living, youth development, and social responsibility, the YMCA is able to change lives with the support of partners and individuals like you. It is your contributions that make a difference in the community.

## YOU MAKE A DIFFERENCE!

### 2024 BUSINESS DONORS

#### LEGACY DONORS \$10K+

The Brook - RMH NH LLC  
Bank of New Hampshire

#### VISIONARY DONORS \$5K - \$9,999

YouthWell New Hampshire  
Exeter Lions Foundation  
Walmart

#### BENEFACTOR DONORS \$1K - \$4,999

Flamingos Coffee Bar  
Eastern Bank Foundation  
Kingston Lions Club  
Kennebunk Savings Bank  
Walmart  
Exeter Kiwanis Club  
Exeter Snow Hounds  
Access Sports Medicine  
Liberty Mutual Matching Funds  
Premier Family Dentistry  
Kona Ice  
YMCA Alliance of NNE  
Art Up Front-Evernotes

#### PATRON DONORS \$500 - \$999

Atkinson Womens Civic Club  
Kingston Lake Association  
Drugs Are Dangerous, Inc.  
BankProv.  
Meredith Village Savings Bank  
Lexies Operations Management  
Bodywise

#### FRIEND DONORS \$50 - \$499

Hannaford Supermarkets  
First Unitarian Church  
Pfizer Matching Funds  
Alarmex  
Adams Family Foundation  
Lexies Operations Management, Inc  
Kingston House of Pizza  
Nature's Trees Inc./Save a Tree  
TruGreen  
Bump and Grind Autobody  
Benson's Cafe  
Fremont House of Pizza  
Lonza Matching Funds  
Second Wind Water Systems





# YOU MAKE A DIFFERENCE!



## 2024 INDIVIDUAL DONORS

### LEGACY DONORS \$10K+

The Bauman Family Foundation  
Deidre O'Byrne and Paul Staller  
Larissa and Brian Modesitt  
Daniel Jones

### BENEFACITOR DONORS \$1K - \$4,999

The Wineberg Family  
Mark Moccia  
Mary Strathern  
Carloyn & Steven Locke  
Richard & Helen Kruppa  
Ryan Gordon  
The Dickson Family  
The Boland Family  
The Neil Family  
Cheryl Costantini  
John Bunker  
Jennifer Young  
Forrest Bell  
Jennifer Young  
Karen and Mark Stier  
The Masucci Family  
Peter and Louise Greaves-Tunnell  
The Yevich-Cook Family

### PATRON DONORS \$500 - \$999

Henry Ouimet  
Lisa Goulemas  
Susan Graham  
Peter Getchell  
Jodi Herncjar  
James Rives  
Gary Murphy  
Kathleen Cole  
Janet Guen  
Mary Alyce Knightly  
The Moorhead Family  
Jeffrey Suyematsu  
Laurie Sherman

### FRIEND DONORS \$200 - \$499

Jean Moulton  
Katherine Cook  
Carole Matthews  
Brian J Bouchard  
Maureen Pecora  
Christina Cassano  
Thomas and Christy Mulyca  
John Merkle  
Sean Murphy  
Stephanie Grotheer  
Amy Boynton  
Linda Mahoney  
Carol and Mark Taillon  
Kimberly Capel  
Mitch Hankin  
Melissa Holleran  
Mark Cadman  
Daniel Church  
Susan Desjardins  
Rachel Jasper  
Dave Lovely-Taillon  
Terry Ouellette  
Ashley Pinette  
Karen Putvinski  
Richard Russman





# YOU MAKE A DIFFERENCE!



## **FRIEND DONORS \$200 - \$499**

Ninfa Yong  
David Canedy  
Julie Friend-Gray  
The Loosigian Family  
David McGrath  
Gabrielle Smith  
Charles Walker  
Chandra Webb  
Cindy Dominguez  
Reid Van Keulen  
Sharon Zavorotny  
Louise Hirshberg  
Michelle Berke  
Jane Spring  
Kristen Hanley  
Danielle Chase  
The Cloutier Family  
David Berube  
Chris Burke  
James Burnham  
Katherine Camarco  
Tara Datro  
Robert Delorie  
Meghan Graham  
Candy Otoole  
Cecily Carsky-Miller  
Joanne Gallagher

## **FRIEND DONORS \$200 - \$499**

Diane Johnson  
Beverly Manbeck  
Gary Blake  
James Brady  
Jeffrey Miller  
Philip & Marcia Steckler  
Claudia Witham

## **SUPPORTERS \$50 - \$199**

Brandy Small  
Susan Kopetz  
Lynne Currier  
Beth Dupell  
Kerri Whelan  
Nicole Fogarty  
Nora Landon  
Vin Puleo  
Brian Smalley  
Carol Thompson  
The Span Family  
Jeannette McDonald  
Tammy Gluck  
Salma Abdalla  
Robert Allen  
Lorri Badolato  
Jean Ball  
Anthony Berke  
Tej Dhakar

## **SUPPORTERS \$50 - \$199**

Robert Elliott  
Dylan Fionda  
Leslie Giallombardo  
Rachael Gloss  
Francis Leynaert  
Kendall H Marks  
Karl Michalko  
Angela Morera  
John Paulik  
Jeremy Riecks  
Glen Stanford  
Shelley Vincent  
Michael Cormier  
Elizabeth DiBona  
Chris Higgins  
Claudia Ravin  
Andrea Richards  
Joshua Stone  
Susan Heal  
Shonni Holmes  
Susan Janetos  
Cathleen Scerbo  
Ali Ambrogio  
William Arnold  
Janet Bamberg  
Matthew Becker  
Tressa Bickford



# YOU MAKE A DIFFERENCE!



## **SUPPORTERS \$50 - \$199**

Katherine Brick  
Scott Brody  
Jamie Brown  
Francis Busch  
Anthony Callendrello  
KC Cargill  
Kelley Carr  
Frances Caux  
Michael Dan  
Wendy Doyle  
Linda Ferrante  
Joanne Forsblad  
E Marianne Gabel  
Mary Ganz  
Laura Gentile  
Austin Greene  
Mary W Hall  
Geoffrey Harris  
Linda Ann Harris  
William Hawthorn  
Susan Herney  
Christine Holman  
Katherine Brick  
John Jenkins  
Helen Joyce  
Matthew Labbe  
Lisa Laham

## **SUPPORTERS \$50 - \$199**

Stephanie Marshall  
Christopher Masters  
Kimberly McBride  
Suzanne McFarland  
Kerry McKenna  
Rosanne McManus  
Samantha and Emily Metcalf  
Melissa Morgan  
Kayla Ouellette  
Susan Paquin  
Michael Pratt  
Deborah Reed  
Christopher Roland  
Larry Ross  
Michelle Roycroft  
Thomas Rufo  
Frank Sabin  
Greg Seaman  
Karen Shaw  
Elizabeth Simpson  
Kylee Smith  
Jeffrey Stoner  
Patricia Tompkins  
Thomas Tucker  
C V  
Jane Vogel  
Amanda Vose  
Patti A. Wagnitz

## **SUPPORTERS \$50 - \$199**

Peter Wells  
Janice Wiers  
Denise Wirtz  
Alan Zavorotny  
Jill Compton  
Rosanne Swanson  
Ute Tellini  
Vicky Lee  
Caroline Ruhm  
William Campbell  
Virginia Cueman  
Jacqueline Dockham  
Julie Fallon  
Barry Feinberg  
David Fowler  
Evan Graham  
Timothy Grotheer  
Lindsey Humes  
Jane Kaufmann  
Ellen Kilbourne  
Sofia Kouninis  
Candace McCloy  
The Morrisette Family  
William Murphy  
Gail Nostrom  
Daniel Parks  
Donald Preissler







## **SUPPORTERS \$50 - \$199**

David and Martha Raymond  
Kathleen Scholes  
Erin Steckler  
Bruce Stevens  
Judith Torto  
Earle Tyler  
Dan Weir  
Mary White  
Kathryn Young  
John Troiano  
Sheila Groonell  
Deborah Rowe Cherson  
Jinjue Allen  
Heidi Barba  
James Patz  
Perry Young  
Laura Braverman  
Arisa Kurisu  
Jane Millett  
Chris Donovan  
Myles Falvella  
Cynthia Tucker  
Deborah DeVeau  
Lien Do  
Teri Parker  
Allison Buckless  
Margaret Hansen

## **SUPPORTERS \$50 - \$199**

Sandy Kwiecien  
Emily Anderson  
Susan Guild  
Deanna Campbell  
Patty MacDonald  
Linda Marsh  
Jennifer Lampron  
Michelle Bunnemeyer  
Dj Laio  
Karen Quealy  
Mark Berglund  
Carolyn Berner  
Amy Brown  
Corey Cullen  
Christopher Delorie  
Deborah Drake  
Stella Duffey  
Mark Ericson  
Tanya Gonzalez  
Laurie Goupil  
Leslie Gurrisi  
Stephanie Harrison  
Andrea Kelleher  
David Kenney  
Deb Lauersen  
Lisa Nichols  
Susan Palmeter  
Jane Rhoads

## **SUPPORTERS \$50 - \$199**

Jennifer Rogers  
Lindsay Sonnett  
Donna Vanderhoof  
Elaine Wiltamuth  
Thelma Pelletier  
Judith Burakowski  
Amy Tauchert  
Susan Bent  
Karin Caruso  
David Guild  
Angela Marks  
Contance Adams  
Virginia Augustini  
James Avallon  
Mason Axford  
Mike Baillargeon  
Paul Baughman  
Tyler Baxter  
Carola Beasley-Topliffe  
Ellen Beck  
David Benshemer  
Thomas Bergeron  
Linda Berke  
Lindsey Broad  
Brigette Brock  
Laura Burk  
Charles Cameron

# YOU MAKE A DIFFERENCE!



## **SUPPORTERS \$50 - \$199**

Kristen Chiumiento  
Madeline Clapp  
Lisa Cochran  
Peter Connor  
Lynne Cresitello  
Joseph Cuetara  
Michelle DeCoste  
Debra Demeule  
Margaret Desclos  
Dorothy DiBona  
Janet Dunn  
Denise Early  
David Ferney  
Lora Finnerty  
Elizabeth Fogarty  
Kathleen Foley  
Andrew Freedman  
Gregory Frezados  
John Gallagher  
Sean Gatcomb  
Roger Gauthier  
Gil Gelineau  
Abby Gilbert  
Jeff Gleason  
Eleanore Gordon  
Colin Graham  
Douglas Hanson

## **SUPPORTERS \$50 - \$199**

Carrie Hardy  
Sarah Harty  
Jeff Hebert  
Stephen Hermans  
Tami Huerta  
Debra Jenkins  
Anisa Joyce  
Drew Keating  
Mary Kelekci  
Ann Kelly  
Hannah Knight  
Robert Lackey  
Julia Lanter  
Christina LaPlume  
Marcia Laput  
Betsy Larsen  
Gayle Lawrence  
Stephanie Lawrence  
Barbara Lawson  
Jeffrey Logan  
Miaomiao Lu  
Brian MacArthur  
Paul Mahony  
Jeffrey Martin  
Jennifer Masucci Sisson  
Lisa McIlveen  
Kathy Metcalf  
Nicole Meyer

## **SUPPORTERS \$50 - \$199**

Dena Miller  
Jacob Moran  
Daniel Murphy  
Janet Murphy  
Kathleen Murphy  
Susan Musacchio  
Suzanne Newman  
Matt Nichols  
Erik Onufry  
Melissa Patten  
Lisa Perrine  
Kathleen Philp  
June Pinkham  
Whitney Pogorek  
Frances Rice  
Pamela Rowe-Mazo  
Steven Ruhm  
David Schlesinger  
Elizabeth Shaw  
Lindsay Flis Siegel  
Lisa Silverio  
Derrick Slowikowski  
Courtney Sobolewski  
James Stover  
Hampton Trout  
Chris Tumicki  
Mary Jane Tyler





# YOU MAKE A DIFFERENCE!



## **SUPPORTERS \$50 - \$199**

Meaghan Vaccaro  
Doug Vogel  
The Wagnitz Family  
Craig Walker  
Mark Walker  
Cathy Warner  
Stephen Weglarz  
Kerry Weidner  
Kathy White  
Deborah Whitney  
Stasha Wyskiel  
Joseph Zirolli  
Deborah Zollner  
Susan Fairbanks  
Cheryl Rotondo  
Denise Oliver  
Dale Atkins  
Robert Baker  
Elizabeth Bartolini  
Dorothy Burnham  
Meryl Carmel  
Jean Chandler  
Marcos Cintra  
Liyang Cui  
Robin Drunsic

## **SUPPORTERS \$50 - \$199**

Lee Elliott  
Jay Flagg  
Ming Fontaine  
Angela Forman  
Sabrina Garron  
James and Lisa Giallombardo  
Raymond Grady  
Gail Guiler  
Randolph Harrison  
Sarah James  
Margaret Keith  
Marny Keith  
Lois Kfoury  
Virginia Knutson  
Janette Loannides  
Heidi Martineau  
Patricia McCaughey  
Alison McKay  
Darrah Mont  
Robert and Patricia Moore  
Walter Nadeau  
Allison Orzechowski  
Ann PisaneschiPalma  
Nicole Reed  
Lynn Schenker  
Laurel Silvia

## **SUPPORTERS \$50 - \$199**

Lawrence Smith  
Peter Smith  
Stan Smith  
James Theisen  
Joy Tobin  
Anne and Anthony Tufts  
Deborah Twombly  
Tracy Vallatini  
Debra Vasconcellos





# LEADERSHIP

The Southern District YMCA is a 501(c) (3) nonprofit organization. Our Board of Directors is comprised of volunteers joined together by a shared passion to make our community stronger.

## BOARD OF DIRECTORS

**Jeffrey Neil** – 2024 Board Chair  
**Cheryl Costantini**–2024 Vice-Chair  
**Tim Bateman**  
**Michelle Berke**  
**Brian Bouchard**  
**John Bunker**  
**Christina Cassano**  
**Tammy Gluck**  
**Janet Guen**  
**Jodi Hercjar**  
**Wayne Loosigian**  
**Carole Matthews**  
**Dave McKay**  
**Maureen Pecora**  
**Lindsay Sonnett**  
**Danette Wineberg**  
**Jennifer Young**

## SDYMCA LEADERSHIP

**Reid Van Keulen**, Director of Operations/Interim CEO  
**Michael Boland**, Director of Marketing & Development  
**Beth Dupell**, Director of Membership  
**Susan Janetos**, Director of Health and Wellness  
**Dave Lovely-Taillon**, Director of Camping Services  
**Sean Murphy**, Facilities Director  
**Anthony Panciocco**, Director of Child Care Services  
**Steve Yevich**, Director of Finance  
**Nick Zavorotny**, Fitness Manager  
**Vicky Lee**, Human Resource Generalist





## STRATEGIC PRIORITIES:

### PHILANTHROPIC CULTURE

Build our philanthropic culture to provide financial resources for successfully meeting member and program outcomes in our three focus areas.



### COLLABORATION & PARTNERSHIPS

Establish, convene and join meaningful connections with others to strategically address the critical community needs of all through healthy living, youth development and social responsibility.



### MEMBERSHIP STRUCTURE

Rebuild community by creating an inclusive membership and access structure with valued programs that foster a sense of belonging.



### RESOURCE

Expand and reciprocate partnerships with Ys across all levels of the movement to maximize expertise and best practices.



# FOR A BRIGHTER TOMORROW





FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TOGETHER, WE THRIVE

## SOUTHERN DISTRICT YMCA

Administration, Membership, and School Age Child Care

56 Linden Street, Exeter, NH 03833

(603) 642-3361



[www.sdympca.org](http://www.sdympca.org)



<https://www.facebook.com/southerndistrictymca>



<https://www.instagram.com/exeterareay/>

## YMCA Camp Lincoln

67 Ball Road, Kingston, NH 03848

(603) 642-3361



[www.ymcacamplincn.org/](http://www.ymcacamplincn.org/)



<https://www.facebook.com/ymcacamplincn>



<https://www.instagram.com/ymcacamplincn/>