



EXETER YMCA AGE GUIDELINES

-  = USE NOT PERMITTED
-  = PERMITTED TO USE UNDER ADULT SUPERVISION; WELLNESS CENTER REQUIRES A YOUTH ORIENTATION
-  = PERMITTED TO USE AFTER YOUTH ORIENTATION OR GROUPEX APPROVAL
-  = PERMITTED TO USE

AGES	WELLNESS CENTER (2nd Flr)	ODYSSEY CENTER	GROUPEX CLASSES	GYMNASIUM	TRACK
6 mos - 6 yrs					
7 - 11 yrs					
10 + 11 yrs					
12 - 15 yrs					
16+ yrs					

Kids Club is available most days for youth 6 months to 6 years of age with a reservation.

Active Kids is available several afternoons each week for youth 7 - 11 years of age with a reservation.