



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YOUTH CONDUCT POLICY

Exeter Area YMCA strives to provide a safe and welcoming environment for all of our youth members. To promote safety and comfort for our youth, we have updated our policies and procedures for youth in Grades K-12 (ages 5-17) while in our Exeter Area YMCA Branch.

Violation of any rule, regulation, or guideline will result in disciplinary action ranging from verbal warnings to suspension from the Exeter Area YMCA. The disciplinary action will be more severe if the violation is deemed more serious. Our staff and volunteers will make an attempt to notify parents of behavior problems. The behavior guidelines are to ensure Exeter Area YMCA is a place for youth and teens to feel comfortable, respected, and safe.

It is the responsibility of the parent/guardians to inform the youth included in their membership of this policy and the expectations of the YMCA.

### ***Youth Ages 5-10:***

For children ages 5-10, a parent or adult caregiver must always be in the same room within the building unless the child is in a specific program.

*All parents with youth in this age must complete the sign-in sheet noting the parent location in the building at time of drop off to a program or activity.*

Open Gym: During various times, Exeter Area YMCA will allow youth aged 10 and under in the gymnasium accompanied with a parent/caregiver unless in a specific program or activity.

Track Usage: Youth ages 10 and under are welcome to use the track with direct adult supervision who are age 18+.

**\*\*\*Members Age 10 and under are no longer allowed in the fitness center with or without adult supervision.**

### ***Youth Ages 11-13:***

Upon arrival, all youth must report to the Welcome Center and scan into the building. Youth have limited access to the building and upon arrival must be signed into the Odyssey Center, Program, Fitness Center, or in the gymnasium during scheduled open gym times.

Youth ages 11-13 are only allowed in the building without a parent or guardian if there is a signed Youth Waiver on file.

If youth do not have a signed Youth Waiver on file, Exeter Area YMCA staff will contact the parent or guardian to complete the form immediately or arrange for pick up.

\*\*Once youth leave the building, readmission is based on staff's discretion.

Wellness Center Policy:

- Youth ages 11-13 must complete a Youth Fitness Orientation prior to utilizing the fitness center or track. Youth also must be signed in to the Wellness Coach Office and wear a wristband while upstairs in the Wellness Areas. Upon leaving, wristband must be returned to the Wellness Coach Office.
- Youth ages 11-13 have a 2 hour limit in the Fitness Center.
- Youth Ages 12 and up can participate in Group Fitness Classes.
- Youth and a parent/guardian agree to follow rules of facility and training guidelines as posted in and around the Wellness Center. All gym etiquette must be followed including no food upstairs, no slamming weights, and wiping down equipment after usage.
- Studio usage outside of fitness classes is prohibited.
- Locker Rooms are only for showering and change of clothes and should not be used as a hang out location.
- If youth become disruptive, improperly uses equipment, or fails to listed to YMCA staff, the fitness center privilege will be revoked.

**Youth Ages 14-17:**

Upon arrival, all youth must report to the Welcome Center and scan into the building. Youth ages 14-17 have full access to the facility but must follow any program participation policies.

*\*Programs are scheduled staff-led activities that require a separate sign in and out signature in addition to scanning into the building per membership policies.*

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**Youth Behavior Guidelines:**

- ✓ All youth are expected to uphold the Membership and Odyssey Code of Conduct
- ✓ Absolutely no drugs, alcohol, smoking, or vaping mechanisms of any kind are allowed on the premises - inside or outside. Any person in attendance, or attempting to gain admittance, that is under the influence of drugs or alcohol, or is found to be in possession of drugs, or alcohol, including tobacco, will be asked to wait in the Lobby until the parents and/or police are called and arrive.
- ✓ No weapons of any kind are permitted in the building. This includes guns, knives, tools, bats, razor blades or any other devices that may be used as a weapon.
- ✓ All persons in attendance at Exeter Area YMCA will be respectful of all others and the property of all others at all times.
- ✓ The following behaviors are prohibited:
  - Aggressive physical contact (This includes fighting, play fighting, rough housing and wrestling)
  - Vulgar gestures
  - Abusive or obscene language (including but not limited to, racial, sexual or religious references)
- ✓ The Exeter Area YMCA facility and Odyssey Center (including materials and equipment) must be respected at all times to include proper usage of the Odyssey Center Computer.

- ✓ Theft and acts of vandalism are prohibited. The Exeter Area YMCA is not responsible for lost or stolen items.
- ✓ Bullying, hazing, sexual harassment, or verbal abuse will not be tolerated.

### ***Violation of Youth Conduct Policy & Behavior Guidelines***

The following actions will result in immediate termination of membership from Exeter Area YMCA:

- Weapon Possession
- Physical Altercations that result in bodily injury
- Sexual Harrassment
- Theft/Vandalism

The following actions will result in immediate suspension from Exeter Area YMCA. Length of suspension is dependant upon severity of situation and at the discretion of Exeter Area YMCA Staff. Youth will not be allowed to return until a parent/guardian and staff meeting has been held.

- Drug, alcohol, smoking, and vaping
- Physical altercations, verbal abuse, and bullying
- Any behavior that threatens the overall well-being of one's self, other members, and/or staff

***I have read and understand the Youth Conduct Policy. I understand that a violation of these policies will result in the suspension or termination of my child's or my own membership.***

\_\_\_\_\_  
Youth Member Printed Name

\_\_\_\_\_  
Youth Member Signature/Date

\_\_\_\_\_  
Parent/Guardian Printed Name

\_\_\_\_\_  
Parent/Guardian Signature/Date

Additional Youth Members in Family Membership:

\_\_\_\_\_  
Youth Member Printed Name

\_\_\_\_\_  
Youth Member Signature/Date

\_\_\_\_\_  
Youth Member Printed Name

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Youth Member Signature/Date

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Youth Member Printed Name

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Youth Member Signature/Date

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Youth Member Printed Name

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Youth Member Signature/Date